CROSBY STUART JUNIOR FOOTBALL CLUB

Changing Rooms Policy

Changing rooms, showers and toilets at club activities · England Football Accredited ★★★

Changing rooms must be a safe and private place for every player. This policy follows The FA's guidance on changing room safety and applies wherever our teams play or train, including Brook Vale and away grounds.

Arrive ready to play

Wherever possible, players should **arrive already changed into their kit** and go home to change and shower. This reduces the need to use changing rooms at all.

Adults and young people

- **Adults must never change or shower at the same time as children** in the same room. This includes coaches, parents and any players aged 18 or over.
- No adult should be alone with a child in a changing room.
- Coaches and team managers should only go into a changing room when they need to – for example, team talks or supervision – and should knock and announce themselves first.
- Where possible, two adults should be present, and they should be the same sex as the players.

Boys and girls

Boys and girls must have separate changing areas, or use the changing room at different times.

Phones and cameras

> **No photos or filming are allowed in changing rooms, showers or toilets – by anyone, at any time.** Phones should be put away while players are changing.

Showers

Showering is optional. No player should ever be made to shower or feel pressured to.

Players who need help

If a player needs help with changing because of their age, a disability or a medical condition, this will be agreed with their parent or carer in advance. Wherever possible, the parent or carer should provide the help themselves.

Behaviour

- Players must respect each other's privacy. Bullying, horseplay or comments about someone's body are not acceptable.
- Please don't bring valuables – the club can't be responsible for anything lost.
- 16–17 year olds who play alongside adults should also follow our **Safeguarding Policy for 16–17 Year Olds**.

> Any concern about changing room behaviour should be reported to the team manager or a Club Welfare Officer.

Who to contact

Club Welfare Officers
Von Parker Sheridan (Girls) · **Joe Buckley** (Boys)
welfare@crosbystuart.co.uk

Club Secretary
Jan Meadows
secretary@crosbystuart.co.uk

Liverpool FA Safeguarding
Safeguarding@LiverpoolFA.com · 0151 523 4488

The FA Safeguarding Team
Safeguarding@TheFA.com · 0800 169 1863

If a child is in immediate danger, call 999. NSPCC Helpline 0808 800 5000 · Childline 0800 1111

APPROVED BY	POSITION	DATE
Ben McDonald	**Chair, Crosby Stuart JFC**	**18 November 2026**